

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2024

Martindale Place

4	5	6	7	8	9	10
10:00 Church on the Big Screen 6:30 Outreach Singers for Hymn Sing – GR	10:15 Exercises -GR 2:30 Dutch Shuffleboard- GR	9:30 Bible Study -GR 2:00 Knitting Group - CR 2:30 Fit Mind – GR 7:00 Euchre-GR	10:30 Hymn Sing -GR 3:30 Exercises -GR 6:45 Evening Movie-GR	<u>Hearing Clinic 9-11</u> 9:45 Shopping Giant Tiger 10:30 Exercises-GR No Strong & Steady 2:00 Food Creation with Lori – 2nd Fl 3:30 Slow Flow	9:30 Indoor Walking Group 11:00 Chair Yoga -GR 2:30 Bingo – GR 7:00 Table Games -Craft Rm <small>Groundhog Day</small>	<small>Chinese New Year (Year of the Dragon)</small>

11	12	13	14	15	16	17
10:00 Church on the Big Screen	10:15 Exercises -GR 2:00 Therapy Tails 2:30 Dutch Shuffleboard- GR	Foot Care 13 10-2 Cathy's Jewelry & Gifts - Atrium 9:30 Bible Study with Pastor Wright Jr.- GR 2:00 Knitting Group 2:30 Fit Mind-GR 7:00 Euchre - GR <small>Mardi Gras</small>	Valentine's Day 10:00 Laptop Tech. Workshop-Gath.Rm 1:30 Pen Center 3:30 Exercises-GR 6:45 Valentine's Celebration with Mark Gorman	9:45 Shopping 4 th Ave Stores 10:30 Exercises-GR 11:30 Strong & Steady – GR 12:45 Bowling 1:30 Mendelt - GR 3:30 Slow Flow- GR	9:30 Indoor Walking Group 11:00 Chair Yoga -GR 2:30 Bingo – GR 7:00 Table Games -Craft Rm	

18	19	20	21	22	23	24
10:00 Church on the Big Screen	Office is Closed  No Exercises <small>Presidents' Day</small>	9:30 Bible Study -GR 10:45 In-Person History Lecture-GR 2:00 Knitting Group - CR 2:30 Fit Mind – GR 7:00 Euchre-GR	Made Optical 12:30 10:30 Hymn Sing 10:30 Outing to Musical – "9to5" 3:30 Exercises - GR 6:45 Martin Wall Piano Entertainment-GR	9:45 Shopping Fairview Mall 10:30 Exercises-GR 11:30 Strong & Steady – GR 2:00 Craft Time with Lori – Craft Rm 3:30 Slow Flow- GR	9:30 Indoor Walking Group 11:00 Chair Yoga -GR 2:30 Bingo – GR 7:00 Table Games -Craft Rm	

25	26	27	28	29	Room Legend	
10:00 Church on the Big Screen	10:15 Exercises -GR 2:00 Therapy Tails 2:30 Dutch Shuffleboard- GR	Foot Care 27 9:30 Bible Study -GR 2:00 Knitting Group - CR 2:30 Fit Mind – GR 7:00 Euchre- GR	3:30 Exercises -GR 6:45 Evening Movie-GR	9:45 Shopping 4 th Ave Stores 10:30 Exercises-GR 11:30 Strong & Steady – GR 12:45 Bowling 3:30 Slow Flow- GR	GR- Great Room Bld A CR- Common Room Bld B Craft Rm- Craft Room Bld C 	