

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# March 2023

Martindale Place

			<p>1 9:45 Shopping Giant Tiger 10:30 Exercises-GR 12:45 Bowling <b>1:30 Music with Melissa Shriner-GR</b> 3:15 Exercises- GR</p>	<p>2 <b>10:00 Drum Fit</b> -CR 11:00 Chair Yoga -GR 2:30 Bingo – GR 7:00 Table Games -Craft Rm</p>	<p>3</p>	<p>4</p>
<p>5 10:00 Church on the Big Screen</p>	<p>6 10:15 Exercises -GR <b>1:30 Food Forum</b> -GR 2:30 Dutch Shuffleboard- GR <small>Purim Begins</small></p>	<p>7 <b>Foot Care</b> 9:30 Bible Study <b>11:00 Legal Wills Information Talk-GR</b> 2:00 Knitting Ladies - CR 2:30 Fit Mind 7:00 Euchre- GR</p>	<p>8 <b>1:30 Rice Road Greenhouse Visit</b> 3:30 Exercises-GR 6:45 Evening Show- GR</p>	<p>9-11 <b>Hearing Clinic</b> 9:45 Shopping 4<sup>th</sup> Ave Stores 10:30 Exercises-GR 12:45 Bowling <b>1:30 Mandel Sing-along - GR</b> 3:15 Exercises - GR</p>	<p>10 <b>NO Drum Fit</b> 11:00 Chair Yoga -GR 2:30 Bingo – GR 7:00 Table Games -Craft Rm</p>	<p>11 6:45 pm Favourite Movie "Courageous"-GR</p>
<p>12 10:00 Church on the Big Screen</p>  <p><small>SPRING FORWARD SET YOUR CLOCKS AHEAD AN HOUR</small></p>	<p>13 10:15 Exercises -GR 2:30 Dutch Shuffleboard- GR</p>	<p>14 9:30 Bible Study 2:00 Knitting Ladies - CR 2:30 Fit Mind 7:00 Euchre- GR</p>	<p>15 <b>Heardt Design Clothing Sale 10-2</b> - CR 3:30 Exercises - GR 6:45 Evening Show- GR</p>	<p>16 9:45 Shopping Fairview Mall 10:30 Exercises-GR 12:45 Bowling 3:15 Exercises - GR 7:00 Hymn Sing-CR</p>	<p>17 <b>10:00 Drum Fit</b> 11:00 Chair Yoga -GR <b>2:30 Celebrate St. Patrick's Day with Joe-GR</b> 7:00 Table Games <small>St. Patrick's Day</small></p>	<p>18</p>
<p>19 10:00 Church on the Big Screen</p>	<p>20 10:15 Exercises -GR 2:30 Dutch Shuffleboard- GR</p>  <p><b>FIRST DAY OF Spring MARCH 20</b></p>	<p>21 <b>Foot Care</b> 9:30 Bible Study 2:00 Knitting Ladies - CR 2:30 Fit Mind 7:00 Euchre- GR</p>	<p>22 <b>Manicure &amp; Pedi Service-Salon</b> <b>*Walker Servicing – CR 9:30-11*</b> 1:30 Pen Center 3:30 Exercises-GR 6:45 Evening Show <small>Ramadan Begins</small></p>	<p>23 9:45 Shopping 4<sup>th</sup> Ave Stores 10:30 Exercises-GR 12:45 Bowling 3:15 Exercises - GR</p>	<p>24 <b>10:00 Drum Fit</b> -CR 11:00 Chair Yoga -GR 2:30 Bingo – GR 7:00 Table Games -Craft Rm</p>	<p>25 6:45 pm Favourite Movie "Hidden Places" - GR</p>
<p>26 10:00 Church on the Big Screen</p>	<p>27 10:15 Exercises -GR 2:30 Dutch Shuffleboard- GR</p>	<p>28 9:30 Bible Study 2:00 Knitting Ladies - CR 2:30 Fit Mind 7:00 Euchre- GR</p>	<p>29 3:30 Exercises - GR 6:45 Evening Show- GR</p>	<p>30 9:45 Shopping Giant Tiger 10:30 Exercises-GR 12:45 Bowling <b>2:00 Craft Time with Lori- Craft Rm</b> 3:15 Exercises - GR</p>	<p>31 <b>10:00 Drum Fit</b> -CR 11:00 Chair Yoga -GR 2:30 Bingo – GR 7:00 Table Games -Craft Rm</p>	

